Lesson 7 Directions:

- 1. Complete a journal entry.
- 2. You may choose to write on a topic of your choice, but below are three possible topics from which you may choose.
 - What have you been doing over the past two weeks? What has been the best thing about it? The worst? Has this experience changed you in some way?
 - What value is most important to your family? How do you display it in your everyday life?
 - Do you think you could go one month without using the Internet? Why or why not? What would be the hardest part?